

THE UCSC RECREATION REGISTER

Friendship | Adventure | Resilience. Logging the miles.

Spring 2019
Vol 22. Edition 1



Lopez Camp, Big Creek, Big Sur Natural History Extravaganza, March, 2019

Preface

In the Spring of 1998, the Recreation staff penned Vol 1. Edition 1 of a brave new newsletter - *The UCSC Recreation Register*. Kathy Ferraro, Matt Brower and others filled the pages with rich humor, tales of adventure and endlessly genuine appreciation. The appreciation was rooted in community and a shared value of making this earth a more beautiful place. That spirit burns bright today at the Rec.

People love and respect each other, the earth and themselves. We laugh together with joy. We cry together with compassion and authenticity. We struggle to make sense of the past or to be able to foresee a predictable future. But together we hold on to a peace that resides as the ego subsides.

We share adventures. We laugh freely. And we are building capacity to remain rooted through the thick of life's hardships. Friendship. Adventure. Resilience. Logging the miles. Together.

Greetings and what's ahead

Hello. And welcome back to *The UCSC Recreation Register*! Who here reading this has read an original? Spring 1998 was the first edition, as you can see below. Anybody know how many seasons it ran? Who wrote the articles?

If you know the answers to any of these burning questions, send us a postcard with your answers.



Big Sur Natural History Extravaganza, March 2019

We'd also accept your answers in a Blue Book. Seriously, we'd love to know!

--- "The nature of nature." ---

Well it's back. Thank you to those who started it a few years back.

This thing will be a work in progress. Edition one here is to get the ball rolling and see who walks in with a fantastic idea to add to it. In the meantime, I'll throw out a few I've thought of:

- Q&A: A fictional or non-fictional interview with yourself and another person who you respect and appreciate.
- Stories from the field: Share a story from your time with a Rec group that highlights something meaningful for you.
- Where are they now?: Tracing the path of a Rec alum.
- Graphic designer: Anybody want to make this *Rec Register* look fancier with software you know how to wield? Stop by or give a call.

Let's keep this thing going. Send in your ideas and contributions. The warning here is that if you don't, you'll be stuck reading my ramblings. The choice is yours.

Afterward:

The other evening while tucking my oldest son in bed, my goodnight words to him were, "Hey Nelson, I'm proud to be your dad." I'd said it before over the years. But for the first time, he had a reply: "I'm proud to be your son." Moments of reciprocal appreciation happen. And when it does, it's sweet bliss.

But I've been thinking about resilience. Resilience calls us out to stay rooted in who we are and how we live regardless of unrequited replies or other setbacks. This is where the Rec shines. We share adventures that challenge us. And in doing so, we connect, grow and expand our capacity to remain grounded and at peace. And that resilience helps us show kindness and respect to our neighborhood and to ourselves. I hope that's been true for you. - Dustin

Good Days Ahead:

April 27: [Remembering and Celebrating the Life of Nik Madsen](#): A family, friends and Rec alumni event at UCSC.

May 29: Rec End of Year Celebration. University Terrace Park. More details to follow.

July 19-21: WO Reunion. Lower Lee Vining Canyon Campground. The 411 can be found with Kevin Condon (kevcomail@gmail.com).

September 27-29: Rec Leader training

October 1: Fall [Rec Registration](#)

Keep reading the next couple of pages to check out Vol 1, Edition 1 of the *Rec Register*.



THE UCSC RECREATION REGISTER

The Definitive Source of Leadership, Logistics, and Laughs Vol. 1 Edition 1 Spring '98

REFLECTIONS ON '97-'98

Howdy from headquarters! As the quarter and school year come to an end, I would like to share some thoughts and information with you all.

First off, kudos to you for all of your hard work both in the field on trips and in town whether its getting your gear organized, meeting with me, or running succinct and informative pre-trip meetings. Combined, you all lead about 70 outings this year with approximately 800 people participating in all forms of outdoor activities. What stands out for me is the fact that with all of the driving, hiking, biking, etc. you all provided very safe trips both emotionally and physically. I attribute quite a bit of this success to your judgment as leaders and facilitators of the group experience. I believe good judgment is the cornerstone of effective leadership and since your trips were by and large extremely successful and safe I want to commend you on your judgment. It is truly a pleasure to work with people who have a good sense of balance between making decisions concerning safety while maintaining the enthusiasm and energy to provide for positive group experiences in the outdoors.

With the year coming to a close it is beneficial for me to reflect on how I have been as your supervisor, and how, I can continue to support your development as leaders. As I see it, a large part of my job is to provide resources for you all to lead safe and meaningful outings. An important part of this process is our annual leader training weekend. I hope to make this weekend both fun and worthwhile for us as a team and you as wilderness leaders. To make the most of our time we will meet at the Rec. at 8 AM (ready to leave) on Friday, Oct. 9 and will not return until Sunday evening, Oct. 11 (late). I realize that this will mean missing a Friday here at school, but my hope is that by letting all of you know about the weekend now you can plan accordingly. Plan on bringing clothes and personal gear for a two night/ three day backpacking/ mountaineering excursion into the Sierra. The Rec. will cover food, transportation, and group gear. I plan to make the most of our time with a wide variety of role plays, scenarios, activities, and discussions. Please come rested with questions and thoughts to share. You all will be playing an active role in this training. Another mandatory date to be aware of is the Fall Festival on Tuesday, Sept. 29. We need help during the day from 8 AM - 8 PM. You will be paid for your hours worked. Look for sign-up in the office and/or show up that morning. Fall Rec. guides need to be delivered to various points around campus on the morning of the 29th as well. So, as you can see it is a big day around here and I will need all of your help to pull it off. Also, our fall registration will be on Tues. Oct. 6. We will once again sign up for trips that evening. You will need to be at the Rec at 4:30 on that day. (OVER)



On the Summit Of Pyramid Peak - Leader Training Fall '97

In addition to these dates I want to remind you all that in August I will be back here planning and programming outings for the Fall. So, if any of you would like to set up your own trip (which I highly encourage and support) please touch base with me so we can make it happen. Also, you all (whether graduating or not) will need to turn in your keys for the summer. The OPERS office is requesting them for their purposes.

Finally, a big thank you and congratulations to Spencer Roth and Corey Quinn who are graduating and leaving the rec. "womb". Thanks for your help and hard work over the years. You will be missed. Banjo and David Whitaker will be taking part or all of next year away from UCSC to study abroad. I look forward to their return. Kelly McCall, Richard Curtis, Amy McCormick, Sid Klein, Kerry Kennelly, Vanessa Herrera, Jeff Ranes, Leslie Eisen, Jason Metzler, Justin Kooyman, Kristy Krockner, Lisa Ehle, and Rami Vissell will be back in the Fall. Congratulations to our new leaders; Banjo, David, Vanessa, Jeff, Leslie, and Kristy all of who will be full fledged leaders after their "apprenticeship" this quarter. All in all there will be 14 leaders in the fall.

Well, it is time to wrap this up and say so long for the summer. I have had a wonderful time working with all of you this year and I look forward to more learning, laughing, and planning in the year to come. On behalf of Karol, Kathy, Cindy, good luck with finals and have a wonderful summer full of adventure and fun.

NEW FOR FALL '98

Beginning next school year you all will be paid to do some outreach to the colleges. My still forming idea is that two of you will be placed with one of two colleges for the year. It will then be your responsibility to go to the colleges and give presentations on what we can offer to dorms groups and individuals. It is my hope that we will be able to let more students know that we exist and what we as a program can offer. It seems to me that some outreach could very well increase our participant numbers while at the same time generate diversity within our outings. It makes sense to me that you do outreach at the college you are affiliated with since it will likely be the most familiar. If however, colleges are not covered be prepared to hook up with one that is less familiar. I very much welcome any or all of your input as to how to make the most of our efforts.

ITINERARY CHANGES

Due to the nature of nature we have had to adjust the itinerary of many of our overnight trips this quarter. I believe flexibility is an essential component of good leadership and so I commend you all for being that way. I really appreciate it!

IMPORTANT DATES TO REMEMBER

September 29th, Tuesday : Fall Festival

October 6th, Tuesday : Recreation Registration and Leader trip sign ups. Meet at the Rec. at 5 pm

October 9 - 11 : Leader Training Weekend

FIRST EVER RECREATION T-SHIRT

After a much heated and drawn out contest I am glad to announce that Sarah Kerlin, a recent UCSC grad, is the winner of the T-shirt contest. Her design can now be purchased. See it on display in the Rental if you have not already. They make great birthday and early holiday gifts. Just think how cool you mom and/or dad would look in one. Not to mention how proud they would be wearing one. They are on sale for our cost of \$12 while supplies last don't miss out.

FUTURE FEATURE ARTICLES

Finding your Totem Animal by Matt the Water Rat

Telepathy: The Leadership Tool for the New Millennium - How to get inside you co-leader and participants head without even talking by Rami Vissell

David Whitaker "The Original Recreation Gangsta" (a.k.a ORG) writes "bout it"

An interview with Kathy Ferraro discussing the pros and cons of taking her son on a one day ascent of Yosemite's famed El Capitan.

In all seriousness, if you would like to write an article for the next issue I'd love to include it.