New in 2017-18!

Are you a student in Educational Opportunity Programs (EOP) and interested in participating in some of the great activities OPERS has to offer?

Thanks to the passing of the Measure 68 referendum, scholarships are now available for EOP students for increased access to OPERS activities. This includes scholarship opportunities for activities in:

- FitLife
- Intramural Sports
- Physical Education
- Experiential Leadership Program
- Recreation
- Sports Clubs

To learn more and to apply for a scholarship, please visit: eop.ucsc.edu.

Registration opens Tuesday, October 3rd @ 9am

Office of Physical Education, Recreation and Sports
Quarterly Activity Catalog Fall 2017

Register at recreation.ucsc.edu.
recreation@ucsc.edu
(831) 459-2806
Activity | Date | Cost
--- | --- | ---
Diy Hike Wilder Ranch Hikes and Beaches | Sa 10/7, 11a-12p | $20
Sail Santa Cruz | Su 10/8, 1p | $15
Sierra Weekend Adventure Mountaineering Intensive | Th 10/12, 7a - 10/14, 7a | $150
Backpack Big Sur Ventana Wilderness Service | F 10/13, 10a-12p, Sa 10/14, 10a-12p | $84
Day Hike Henry Cowell Redwoods Big Rock Hole | Sa 10/14, 10a | $10
Backpack Tahoe Peter Grubb Hut Service | F 10/20, 8a-12p, Sa 10/22 | $52
Pineapple National Park Climbing Weekend | F 10/20, 11:30a-12p, Su 10/22 | $95
Sail Santa Cruz #2 | Su 10/22, 1p | $15
Rock Climbing Course - Pacific Edge Climbing Gym | Tu 10/24, 12-1p, Tu 10/25, 10a-1p | $170
Backpack Yosemite: Merced River Trail Service | F 10/27, 7a - 10/29 | $90
Day Hike Mt. Tamalpais/Stinson Beach | Su 10/29, 8a | $32
Sunset & Full Moon Hike Wilder Ranch | Th 11/1, 2p | $10
Heny Cove State Park Backpacking | F 11/3, 11a - Su 10/17, 8a | $105
Arroyo Seco River Gorge Camping | F 11/3, 11a - Su 11/19, 8a | $85
Day Hike Big Basin To The Sea | Su 11/12, 9a | $20
Mushroom Foraging North Coast | Sa 11/18, 9a | $32
Pineapple Camping and Exploration | Su 11/18, 9a - Su 11/19, 9a | $78
Menory Hot Spring and Camping | Su 12/2, 9a - Su 12/3, 9a | $123
Mushroom Foraging UCSC | Su 12/3, 9a | $25

Kayaking

Activity | Date | Cost
--- | --- | ---
Kayak Elkhorn Slough | Sa 10/8, 8:30a | $40
Kayak Sunset Marine Wildlife Padle | Sa 10/14, 1p | $34
Kayak Morning Marine Wildlife Padle | Su 10/15, 8a | $34
Kayak Sunset Marine Wildlife Paddle | Sa 10/28, 8p | $34
Kayak Morning Marine Wildlife Paddle | Su 11/4, 8a | $34
Kayak Moonlight Paddle | Sa 11/4, 3:30p | $34
Kayak Morning Marine Wildlife Paddle | Su 11/5, 8a | $34
Kayaking in Search of Humpback Whales | Sa 11/11, 8:30a | $49
Kayak Morning Marine Wildlife Paddle | Sa 11/11, 8a | $34
Kayak Morning Marine Wildlife Paddle | Su 11/9, 8a | $34
Kayak Morning Marine Wildlife Paddle | Sa 12/2, 8a | $34
Kayak Moonlight Paddle | Su 12/2, 2:30p | $34
Kayak Morning Marine Wildlife Paddle | Su 12/3, 8a | $34

Travel

Activity | Date | Cost
--- | --- | ---
LA Holiday Transportation
LA Turkey Express | W 11/21, 12p - Su 11/26 | $160
LA Polar Express | F 12/11, 12p - Su 1/7 | $160

CPR/First Aid

Activity | Date | Cost
--- | --- | ---
CPR/ AED HeartStart in Person Class #1 | W 10/11, 3:30p | $61
CPR/ AED HeartStart in Person Class #2 | M 10/23, 3:30p | $61
CPR/ AED HeartStart in Person Class #3 | W 11/8, 3:30p | $61
First Aid CPR/ AED HeartStart - Online #2 | M 11/13, 4p | $90
CPR/ AED HeartStart in Person Class #4 | W 12/6, 3:30p | $61

Surfing

Activity | Date | Cost
--- | --- | ---
Co-Ed Beginning Surf Clinic #1 | F 10/6, 7a | $60
Beginning Surfing Class #01 Grad Students Only | Tu 10/10 - 10/31, 7a | $180
Beginning Surfing Class #02 | Tu 10/10 - 10/31, 7a | $180
Beginning Surfing Class #03 | W 11/11 - 11/17, 7a | $180
Beginning Surfing Class #04 | W 11/11 - 11/17, 7a | $180
Beginning Surfing Class #05 | Th 10/12 - 11/2, 7a | $180
Beginning Surfing Class #06 | Th 10/12 - 11/12, 7a | $180
Women’s Beginning Surf Class #1 | F 10/10, 7a | $60
Beginning Surfing Class #07 Grad Students Only | Tu 11/7 - 12/5, 7a | $180
Beginning Surfing Class #08 | Tu 11/7 - 12/5, 7a | $180
Beginning Surfing Class #09 | W 11/8 - 12/6, 7a | $180
Beginning Surfing Class #10 | Th 11/9 - 12/7, 7a | $180
Beginning Surfing Class #11 | Th 11/9 - 12/7, 7a | $180
Co-Ed Beginning Surf Clinic #2 | F 11/13, 11a | $60
Women’s Beginning Surf Class #2 | F 11/17, 2p | $60

Wilderness Medicine

Activity | Date | Cost
--- | --- | ---
Wilderness First Aid | Su 10/21, 8a - Su 10/22 | $345
Wilderness First Responder Receptor #1 | F 10/8, 8a - Su 11/12 | $345
Wilderness First Responder #1 | Tu 12/12, 8a - Th 12/21 | $790
Wilderness First Responder Receptor #2 | Su 11/13, 8a - M 11/15 | $345

Food Systems Learning Journeys

Activity | Date | Pre-trip | Cost
--- | --- | --- | ---
Science Thursday Nature from Grain to Table Mountain Viewpoint | W 10/11, 6:30p | $5
Herbology #1 - Making Tea and Tinctures | Sa 11/4, 3p | $5
Viticulture & Regional Terroir in Central Coast | W 11/8, 5p | $8
Sunday Meal Prep: Plant Based Edition | Su 11/19, 1p | $30

Experiential Leadership Program

Activity | Date | Cost
--- | --- | ---
STEV15: Risk Management and Social Justice Through the Lens of Outdoor Leadership (Winter 2018) | TBD
STEV13: Backpacking the Canyons of Southern Utah (Winter 2018) | 3/12/18-4/1/18

Polar Express

Register at recreation.ucsc.edu